

through the woods of San Carlo

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Brancoli and APT archives

Località di partenza:

Regione Toscana, Provincia di Livorno, Sassetta

Tipo di itinerario:

a piedi

Fondo stradale:

Misto

Difficoltà a piedi:

Escursionistica

Dislivello in salita (m):

335 m

Dislivello in discesa (m):

335 m

Tempo (hh:mm):

2:30

Periodo consigliato:

All seasons

Cartografia:

S.E.L.C.A., Trekking Costa degli Etruschi, dalle
colline al mare, foglio sud. 1:50,000

Segnavia:

occasional, paths 3 and 22

Uffici informazioni:

For further information on Costa Toscana
www.toscanacosta.it

Agenzia per il Turismo Costa degli Etruschi,
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www.costadeglietruschi.it

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Accesso al percorso e note:

Departure and arrival place: the village of San
Carlo. We arrive by taking the SS.1 Aurelia
exiting at San Vincenzo north or San Vincenzo
south. Follow the signs from here. The village is
also served by the buses of the ATM company.

Leaving the village of San Carlo, in a northern direction, at the end
of the descent, we pass under the cable-car used to transport
extracted material from the Solvay quarry. On the right we see a
dirt track that descends among the low hills and two signs indicate
the start of some itineraries. After this short section, we arrive on an
asphalted road that we cross to descend again through the
vegetation. We pass a little bridge and walk on, on the flat, arriving
and skirting the large quarry we find on our right. Just a short



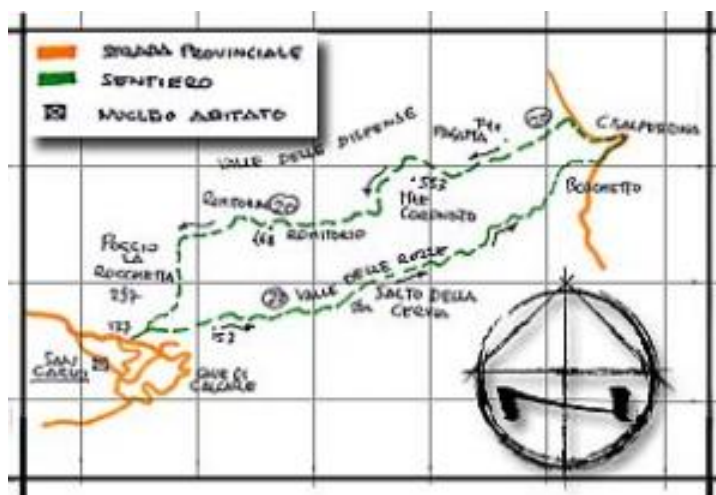
Just a short distance from the sea in the
shade of woods. This is a brief description
of the qualities of the San Carlo area that
perfectly combines all the peculiarities of
the district. The route takes us through a
group of woods with very rich vegetation
along the bottom of the valley where we
find springs of water on the ancient road
that links San Vincenzo and Sassetta. We
return along the northern ridge, again in
a woody, but not so wild, environment.



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distance later we arrive at a junction: we follow the signs we find at this point. We continue with no difficulty until we reach the next turn-off where we go in the direction of route 3 and from here we go straight on. We are in the Rozze valley, the old road linking San Vincenzo and Sassetta. We cross a clearing in the wood and then ignore the turn-off that climbs towards Sassetta. In the middle of the valley there is a torrent that runs parallel to our route, and we follow this. We soon arrive at the old reservoir that collects the waters of the three torrents that meet and here we take the northern slope of the hill. We proceed, climbing slightly, and arrive at the Loppole spring where we find signs inviting us to climb near a ruined house. From here, we continue climbing until we reach a large path, marked 00 on the map, that we take heading towards the centre of the valley leading us to a large hairpin bend. Here attention is needed because there are numerous turn-offs. We are now near a crossroads where we leave route 3 and keep left until we soon arrive at another crossroads and continue along the main path that leads us to another path that we take on the left, heading east. Then we go straight until we arrive at a clearing at the top of a hill.



This is mount Coronato which we cross until we almost arrive at the top, on the north side. After walking around the mountain, we go straight on until we reach a turn-off that takes us, in just a few metres, to the peak of the Romitorio from which we have a wonderful view: beneath us the great green expanses of oak trees, impenetrable to the glance, cover the hillsides. On the south side, on the other hand, we see the peak of mount Calvi and to the west our gaze is lost in the Tyrrhenian sea. After our stop we return to the previous turn-off and continue in the usual direction, passing quickly through an area exposed to the sun and, keeping to the right, we take the path again that arrives at a turn-off that we take, descending towards the Rozze valley. We keep to this new path, passing a section over small stones and we arrive at a much easier road that we take on the left. From here we return to the path we took on our way up, so we follow the signs for San Carlo and we soon arrive at our departure point.

The itineraries presented for this district are part of a collection that the magazine "Trekking" together with the APT (Provincial Tourist Authority) of the Tuscan Coast, has dedicated to the most beautiful trekking routes in this area. A series of itineraries that will help you discover lovely places and will introduce you to a district that has great environmental and cultural appeal.